

Atlantic College of Therapeutic Massage

Sports Massage Therapy



Sports Therapy Certification

This program is designed for massage therapy students and registered massage therapists.

PROGRAM HIGHLIGHTS

- Fundamentals Sports Massage Therapy
- Applied Sports Massage Therapy
- Introduction to Taping and Wrapping
- Sport Psychology
- First Responder's Certification from the St. John Ambulance
- Introduction to Ultrasound, TENS, and other modalities
- Movement Screening

Internship/Course Requirements to receive certification:

- First Responder Certification
- All course work completed
- Pass required examinations (written or practical)
- Student Massage Therapists will receive Certificate upon graduation
- Required only for Massage Therapists and ACTM Students if applying for Canadian Sports Massage Therapy Association (CSMTA) Level One Membership: 100 hours of Sport Massage Internship
- The Massage Therapist has the option of finding his/her own sport massage internship placement
- Internship is only required if applying to CSMTA and not required for the Sports Therapy Certification

For more information please contact the **Atlantic College of Therapeutic Massage** at 506-451-8188 or actmoffice@nb.aibn.com. NOTE: The specific class schedule above is subject to change.

“A Quality Education - A Rewarding Career”

Sports Massage Therapy Certification

Lady Beaverbrook Gym (UNB Campus)
2 Peter Kelly Drive
Fredericton, NB, E3B 5A3

Phone: 506-451-8188

Fax: 506-451-8402

Materials & Fees

ACTM Student Tuition: \$1400.00

Massage Therapist Cost: Fee per module
Contact ACTM for fee schedule

Provided at no additional cost:

1. Course Lecture Notes
2. Participants will receive Certificate of Completion when all course requirements have been met
3. Athletic tape and pro-wrap and access to ultrasound machine and TENS equipment at ACTM

Dates:

See schedule on reverse

Program Duration:

Approximately 5 weekends and 2 week days.

Optional 100 hours of internship for Level 1 CSMTA Membership

We are a small school with a national vision - to give our graduates the education and training to enable them to work and thrive in any part of Canada, and beyond. Our curriculum is equivalent to the competency standards of the College of Massage Therapists of Ontario.



Course Instructors:

Tyson Stewart BScKin, RMT, RN
Ken Seaman PhD(c), CSCS
Dr. Judah Bunin ND(CCNM), Dr.Ac
Renee Matte PhD Sport Psychology

Fundamentals Sports Massage Therapy

Instructor: Tyson Stewart BScKin, RMT

Schedule: Oct 8 & 9, 2019 – (9am -5PM)- (all senior students)
(Optional for RMT's – additional fee of \$350.00)

Applied Sports Massage Therapy

Instructor: Tyson Stewart BScKin, RMT

Schedule: October 18 – 20, 2019

(Oct 18 – 4pm - 9pm/ Oct 19 & 20- 9am - 5pm)
(RMT - \$450.00 plus HST)

Introduction to Taping and Wrapping

Instructor: Tyson Stewart BScKin, RMT

Schedule : TBA

Saturday & Sunday (9:00am - 5:00pm)

- Ankle and Foot Taping/Wrapping
- Knee Taping/Wrapping
- Hand and Wrist Taping/Wrapping
- Muscle – Tendon Injuries

Review Class – Exam

(RMT-\$350.00 plus HST)

Sport Psychology

Instructor: Renee Matte

Schedule: TBA

Looking at the relationship between the healthcare professional and the athlete

(RMT - \$25.00)

First Responder's Certification from the St. John Ambulance or Red Cross

Schedule TBA

200 Miles Street, Fredericton, NB

(RMT - \$250.00)

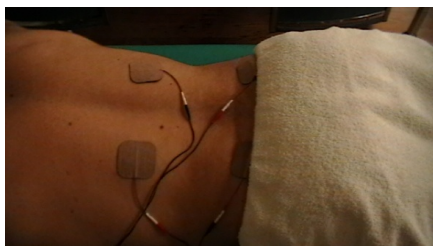
Movement Screening

Instructors: Ken Seaman, PhD(c), CSCS

Schedule: May 9 & 10, 2020 (9am – 4pm)

At UNB Kinesiology Building

(RMT - \$350.00)



Introduction to Ultrasound, TENS, and other modalities

Instructor: Judah Bunin, ND(CCNM), Dr.Ac

Schedule: TBA

(RMT - \$150.00)

Renee Matte is a sport psychology consultant and has been working with athletes, coaches, and sports organizations for the past 4 years. Additionally, Renee has been coaching synchronized swimming for over a decade, which has enabled her to approach consulting from multiple perspectives. Renee consults with athletes of all levels (recreational to nationally-ranked) from a variety of sports including: curling, soccer, basketball, sailing, volleyball, hockey, and swimming.

Renee is currently in the second year of her PhD studies in psychology and has completed a Master's in sport psychology as well as Bachelor degree in the field. Her research has focused on performance enhancement, coach and athlete behaviour, and hazing in athletics. The combination of academic and practical experience allows Renee to approach and understand her clients in a comprehensive way.

Tyson Stewart, BScKin(UNB), DipMT(ACTM), BN(UNB) was born and raised in Miramichi, NB. Tyson completed his BSc in Kinesiology at the University of New Brunswick in 2001. Upon completing his degree Tyson entered the massage therapy program at the Atlantic College of Therapeutic Massage. This is where Tyson developed his interest for working with athletes. In 2003 Tyson became a Registered Massage Therapist. From 2003-2009 Tyson was Head Clinical Supervisor for the Sports Massage Clinic at UNB. From 2003 until 2011 Tyson was an instructor on a full time basis then a part time basis at ACTM, teaching courses in Remedial Exercises, Massage Treatments, and Myology. In 2013 Tyson became the full time instructor of The Fundamentals of Sports Massage and Applied Sports Massage Courses.

In 2009 Tyson graduated with his Bachelor of Nursing and is currently a full time registered nurse on the Critical Care Unit at the Doctor Everett Chalmers Hospital in Fredericton, NB. Tyson has also been the massage therapist for the UNB Men's Hockey Program since 2008. This has given Tyson the privilege to work with players for the QMJHL, AHL, and NHL.

Tyson resides in Fredericton with his wife Pam and their two children Ty and Whitney.

Ken Seaman, PhD(c), CSCS is a native of Fredericton, NB. Ken did his BSc. in Kinesiology at Dalhousie University from 1999-2003. Upon completing his BSc.Kin, he returned to Fredericton to pursue a MSc in Exercise and Sport Science focused on Sport Conditioning and Exercise Physiology. Currently Ken is completing a PhD in Exercise Physiology at UNB. In 2003 Ken became a certified Strength and Conditioning Specialist working at the CIS University level for the past 8 years with Basketball, Hockey, Volleyball, Soccer, Swimming and Wrestling. In the summers, Ken runs a sport conditioning business focusing on performance enhancement for mainly QMJHL, AHL, and NHL athletes as well as National team and development athletes for Canada Sport Centre Atlantic. When Ken is not training athletes, he consults for UNB to teach courses in Exercise Physiology and Functional Human Anatomy. Ken has been teaching Functional Human Anatomy at UNB for the past two years. This course has focused on functional movement assessments, screening and correction.

Dr. Judah Bunin, ND(CCNM), Dr.Ac., Dr. Bunin received his BSCh from Acadia University, his Master of Science degree at the University of Otago in New Zealand, and his education in Naturopathic Medicine at the 4 year, full time, post-graduate program at the Canadian College of Naturopathic Medicine in Toronto. Dr. Bunin is the President of the New Brunswick Association of Naturopathic Doctors, and operates the Fredericton Naturopathic Clinic together with his wife, Dr. Parissa Bunin.