

Atlantic College of Therapeutic Massage

Sports Therapy Certification



Sports Therapy Certification

This program is designed for massage therapy students and graduates of a 2200-hour massage therapy program.

PROGRAM HIGHLIGHTS

- Fundamentals Sports Massage Therapy
- Applied Sports Massage Therapy
- Introduction to Taping and Wrapping
- Sport Psychology
- First Responder's Certification from the St. John Ambulance
- Introduction to Ultrasound, TENS, and other modalities

Internship/Course Requirements to receive certification:

- First Responder Certification
- All course work completed
- Pass required examinations (written or practical)
- Student Massage Therapists will receive Certificate upon graduation
- Required only for Massage Therapists and ACTM Students if applying for Canadian Sports Massage Therapy Association (CSMTA) Level One Membership:
- 100 hours of Sport Massage Internship
- The Massage Therapist has the option of finding his/her own sport massage internship placement
- Internship is only required if applying to CSMTA and not required for the Sports Therapy Certification

For more information please contact the **Atlantic College of Therapeutic Massage** at 506-451-8188 or actm@nb.aibn.com. NOTE: The specific class schedule above is subject to change.

"A Quality Education - A Rewarding Career"

Sports Therapy Certification

440 King Street
Fredericton, NB
E1A 8L8

Phone: 506-451-8188

Fax: 506-451-8402

Materials & Fees

ACTM Student Tuition: \$1400.00

Massage Therapist Cost: \$1,400.00 plus HST

Provided at no additional cost:

1. Course Lecture Notes
2. Access to additional Sports Massage and electrotherapy-related texts on loan from ACTM Library
3. Participants will receive Certificate of Completion when all course requirements have been met
4. Athletic tape and pro-wrap and access to ultrasound machine and TENS equipment at ACTM
5. ACTM Sports Massage Therapy T-Shirt

Dates:

See schedule on reverse

Program Duration:

Approximately 5 weekends and 2 week days.

Optional 100 hours of internship for Level 1 CSMTA Membership

We are a small school with a national vision - to give our graduates the education and training to enable them to work and thrive in any part of Canada, and beyond. Our curriculum is equivalent to the competency standards of the College of Massage Therapists of Ontario.



Course Instructors:

Tyson Stewart BScKin, RMT, RN

Ryan Hamilton PhD Sport Psychology

Ken Seaman PhD(c), CSCS

Dr. Judah Bunin ND(CCNM), Dr.Ac

Fundamentals Sports Massage Therapy

Instructor: Tyson Stewart BScKin, RMT

Schedule: TBA

9:00am - 5:00pm – (1st year ACTM students only)

- Taken by all ACTM students

Applied Sports Massage Therapy

Instructor: Tyson Stewart BScKin, RMT

Schedule: TBA

Introduction to Taping and Wrapping

Instructor: Tyson Stewart BScKin, RMT

Schedule: TBA

Saturday & Sunday (9:00am - 5:00pm)

- Ankle and Foot Taping/Wrapping
- Knee Taping/Wrapping
- Hand and Wrist Taping/Wrapping
- Muscle – Tendon Injuries

Review Class – Exam

Sport Psychology

Instructor: Ryan Hamilton

Schedule: TBA

Looking at the relationship between the healthcare professional and the athlete

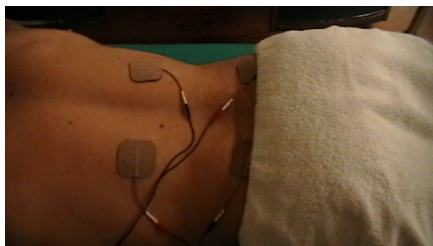
First Responder's Certification from the St. John Ambulance or Red Cross

Schedule: TBA

Movement Screening

Instructors: Ken Seaman, PhD(c), CSCS

Schedule: TBA



Introduction to Ultrasound, TENS, and other modalities

Instructor: Judah Bunin, ND(CCNM), Dr.Ac.

Schedule: TBA

Ryan Hamilton is a sport psychology consultant and has been working with athletes and exercisers for the past 8 years. Among Ryan's clients are the UNB Varsity Reds (2003-Present) and TEAM NB Canada Games (2007, 2009). Ryan also works with the Canadian Sport Centre Atlantic as a mental trainer and consults with athletes competing in more than 25 different sports including: curling, speed-skating, wrestling, soccer, basketball, and track. Ryan's athletes have been successful in both national and international competition.

Ryan is in the final year of his PhD studies in sport psychology and has already completed a Master's and Bachelor degree in the field. His research has focused on performance enhancement, hazing in athletics and coping strategies for cancer survivors. The combination of academic and practical experience allows Ryan to approach and understand his clients in a comprehensive way.

Tyson Stewart, BScKin(UNB), DipMT(ACTM) is Head Clinical Supervisor for the Sports Massage Clinic at the University of New Brunswick, Athletic Therapy Department and Sport Outreach Supervisor for the Atlantic College of Therapeutic Massage (ACTM). Tyson received a Bachelor of Science in Kinesiology degree from the University of New Brunswick in 2001.

He is a graduate of the Atlantic College of Therapeutic Massage (2003). While at ACTM, Tyson focused on sports massage, working at UNB, and he volunteered in the medical services venue providing sports massage for the athletes at the Canada Winter Games in 2003 as well as many other sport outreaches.

Tyson teaches Myology, and has taught Massage Treatments and Remedial Exercises at ACTM, and Basic Fitness Theory and Resistance Training Leader for Fitness NB. Currently Tyson is in his final year of Nursing at UNB, and hopes to one day become an oncology nurse. He volunteers with the University of New Brunswick Men's Hockey Team providing the team members with sport massage treatments.

Ken Seaman, PhD(c), CSCS is a native of Fredericton, NB. Ken did his BSc. in Kinesiology at Dalhousie University from 1999-2003. Upon completing his BSc.Kin, he returned to Fredericton to pursue a MSc in Exercise and Sport Science focused on Sport Conditioning and Exercise Physiology. Currently Ken is completing a PhD in Exercise Physiology at UNB. In 2003 Ken became a certified Strength and Conditioning Specialist working at the CIS University level for the past 8 years with Basketball, Hockey, Volleyball, Soccer, Swimming and Wrestling. In the summers, Ken runs a sport conditioning business focusing on performance enhancement for mainly QMJHL, AHL, and NHL athletes as well as National team and development athletes for Canada Sport Centre Atlantic. When Ken is not training athletes, he consults for UNB to teach courses in Exercise Physiology and Functional Human Anatomy. Ken has been teaching Functional Human Anatomy at UNB for the past two years. This course has focused on functional movement assessments, screening and correction.

Dr. Judah Bunin, ND(CCNM), Dr.Ac., Dr. Bunin received his BSCh from Acadia University, his Master of Science degree at the University of Otago in New Zealand, and his education in Naturopathic Medicine at the 4 year, full time, post-graduate program at the Canadian College of Naturopathic Medicine in Toronto. Dr. Bunin is the President of the New Brunswick Association of Naturopathic Doctors, and operates the Fredericton Naturopathic Clinic (together with his wife, Dr. Parissa Bunin) at 150 Cliffe Street in Fredericton, N.B.

Fredericton Naturopathic Clinic